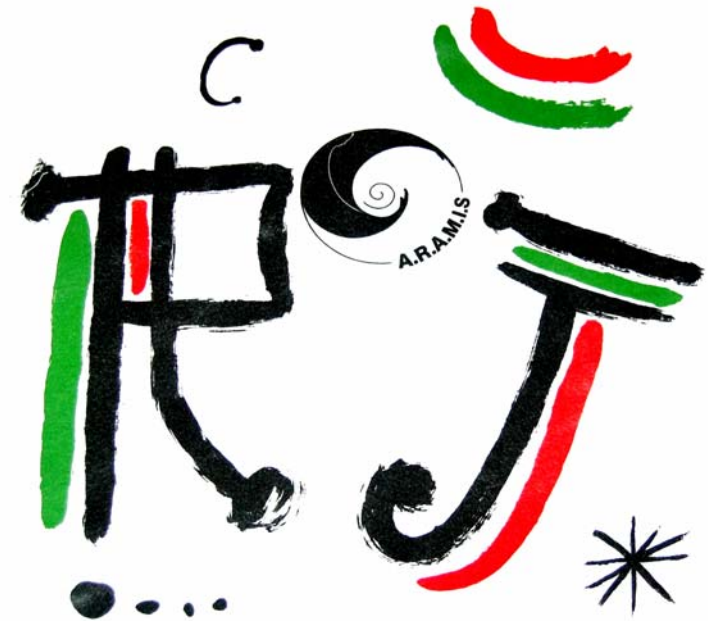




**Association de Recherche en
Arts Martiaux Internes en
Sarthe**

39, rue Paul Eluard 72000 Le Mans
Tel : 02 43 76 88 08, 06 19 82 28 10
<http://www.aramis72>



Rencontres Jasnières

July 25, 26, 27, 2008

Association de Recherche en Arts Martiaux Internes en Sarthe

ARAMIS

Rencontres Jasnières 2008

July 25-26-27

A.R.A.M.I.S. (Association de Recherche en Arts Martiaux Internes en Sarthe) is happy to present you the 21th edition of the Jasnières meeting.

Definition of the Rencontres Jasnières :

Goal :

1. To allow all those who practice taiji quan to meet - whatever their style - in a spirit of exchange without any competition. In addition of forms, pushing hands and weapons, workshops are also open to bagua zhang, hsing I and other internal martial arts.
2. To allow taiji quan and bagua teachers to demonstrate their art and skills.
3. To contribute to make taiji quan more popular in Europe by example, thanks to an event especially designed for this purpose.
4. To have a local festival as well.

Site :

The meeting will take place next to a wonderful stretch of water in the middle of the vineyards of "Jasnières" and "Coteaux du Loir", about 40 km. south of Le Mans, close to the famous castles of the Loire Valley.

Camp address :

Camping du Lac des Varennes 72340 Marçon. Tel : 33 (0)2 43 44 13 72
Hotel information : Tel Association de la vallée du Loir: 33(0)243399500

Stages organized around RJ 2008

John Cole proposes a workshop on July 22 July to Wednesday the 25th July.
Contact: john@johncole.com.

Nathan Menaged proposes a workshop on July 22 - 24. contact : Nathan Menaged at [yielding@taichicorner.net/](mailto:yielding@taichicorner.net) (614) 668-4915

Jean-Luc Perot proposes a workshop from July 20 - 24 "Taichitango ", contact : jlperot@skynet.be

Ronnie Robinson proposes a workshop on July 24, on pushing hands", contact : promo@taichiunion.com

Manuel Solnon proposes a workshop on July 28-31, contact : solnon_manuel@yahoo.fr.

If you want to give a demonstration, please inform the organisation committee at the registration.

Other arts : Taiji Qi gong, Dayan Qi gong, Yijinjing, Wudang Sword.
Teaches in English and a little French.

Paul Silfverstråle (Suède)

Address : G. Adolfsgatan 4, 582 20 Linköping, Suède
email : paul@yinshu.se
Taiji quan : has been practicing for 11 years, has been teaching for 10 years.
Teachers : Dan Docherty
Style : Wudang
Teaches in English.

Solnon Manuel (France)

email : solnon_manuel@yahoo.fr
Taiji quan : has been practicing for 14 years, has been teaching for 3 years.
Teachers : Wang Yen Nien, Jeng Shean Chim
Style : Yang Jia Michuan
Teaches in English and French.

Volke Rob (Holland)

Address : Trekval 30, 3905 RD Veenendaal
email : rivolke@solcon.nl, rob.volke@oce.com
Taiji quan : has been practicing for 31 years, has been teaching for 26 years.
Teachers : WCC.Chen, B.P.J.Lo, .Liu.We Kee Jin
Style : Yang style and Wu style
Teaches in English, French.

In parallel of pushing hands

At 17h00 until 18h00:

Luce Condamine will teach you a "Tai Chi Massage", for relaxing after the pushing hands afternoon : a workshop in which you give and you receive, as in Tui Shou.

Other informations

Practice sites are outdoors, on the shores of the lake.

Workshops (cf. programs) will be 1 hour 45 mn long each from 7h45 to 9h30 then from 10h15 to 12h00. Teachers will be presented on Friday 25/08 at 7h30. Afternoon practice is usually dedicated to demonstrations from 15h to 15h30 and open pushing hands from 15h30 to 18h. The open pushing hands will be noncompetitive : participants invite each other to push, practice, and share. Pushers should have the greatest respect for each other, which, along with the spirit of coming together to share has become the "trademark" of the success of RJ.

Weapon training is forbidden in the campsite.

If there is a too great demand for a particular workshop, then priority will be given to the first registered.

Reservations have been made for the campsite from the 24th (night). Please avoid noise. When arriving, ask for the RJ reservations. If you want to stay before or after the meeting, you have to book directly to the camp-site office (tel 33(0)2 43 44 13 72). **Pay directly your camping fees to the campsite office.** A list of the nearest hotels and bed and breakfast is given for people who do not want to camp.

There is a possibility of a common canteen **but you need to book and to pay it in advance** and to fill up the corresponding registration form. It is not possible to book and pay the restaurant during the meeting.

Two standing committees are taking place during the RJ in case of any problem: 9h30 - 10h15, 14h - 15h at the camp site.

Contact : Aramis, web site : www.aramis72, 39 rue P. Eluard 72000 Le Mans – France, email : fabienne.poncin-epaillard@univ-lemans.fr

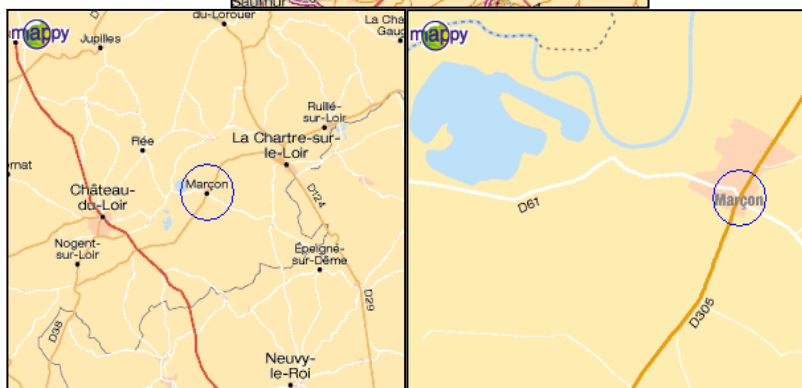
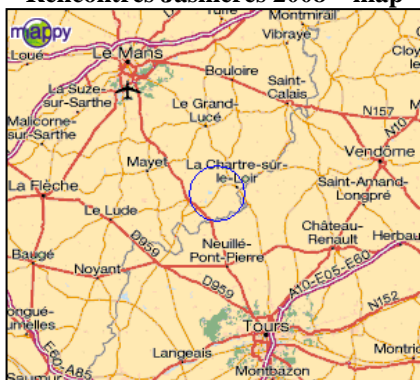
Address of the camp-site :

Camping "Lac des Varennes", 72340 Marçon, Phone number : 33(0) 2 43 44 13 72

Aramis will be happy to see you there! Looking forward to fun and fruitful "Rencontres Jasnières"!

N.B. Enclosed: map, teachers' programs, subscription form, information for workshops.

Rencontres Jasnieres 2008 – map



Access by train : www.voyages-sncf.com

Rencontres Jasnieres 2008 – hotels

Hôtel	adresse	tél	fax
Hôtel du Boeuf	Marçon	02 43 44 13 12	02 43 44 54 75
Hôtel du Port Gautier	Ancienne gare, Vouvray	02 43 79 44 62	02 43 44 66 03
Hôtel de France	pl de la République, La Chartre/Loir	02 43 44 40 16	02 43 79 62 20
Hôtel de l'Escale	66 av des Déportés, La Chartre/Loir	02 43 44 40 03	
Le Grand Hôtel	pl de l'hôtel de ville, Château du Loir	02 43 44 00 17	02 43 44 37 58
Hôtel de la Gare	170 av Jean Jaurès, Château du Loir	02 43 44 00 14	02 43 44 11 79
Hôtel des Voyageurs	168 av Jean Jaurès, Château du Loir	02 43 44 00 31	
Hôtel du Val de Loir	RN138, Dissay /Courcillon	02 43 44 09 06	02 43 44 56 40
Auberge Le Fournil	12 place de la Mairie, Luceau	02 43 44 22 88	
Le Renaissance	12 rue du Val de Loir, Lhomme	02 43 79 14 15	
Hôtel du Grd St Vincent	6 rue Pasteur, Couture	02 54 72 42 02	02 54 72 41 55
Hôtel Saint Pierre	42 rue Nationale, Ruillé/Loir	02 43 44 44 36	
Hôtel du Cheval Blanc	Place libération, Trôd	02 54 72 58 22	
Hôtel la Grotte	Rue Auguste Arnault, Trôd	02 54 72 51 02	
Auberge St Catherine	Trôd	02 54 72 51 23	

Style: Yang, Wudang
Other martial arts: Bagua
Teaches in Russian, English.

Nathan Menaged (USA)

Address : 77 West view Avenue, Columbus,OH 43214.

email : yielding@taichicorner.net

Taiji quan : has been practicing since 1976, has been teaching for 21 years

Teachers : William C C Chen and Dr. Tao Ping-Siang and Master Robert Taiani.

Style : William CC Chen Tai Chi, Waterstyle Boxing/ Lui He Ba Fa

Teaches in English.

Henri Mouthon (France)

Address: 3 C allée Charles Péguy 74940 Annecy-le-Vieux.

email : henri.mouthon@orange.fr

Taiji quan : been practicing for 30 years, has been teaching for 23 years

Teachers : Wang Yen Nien , Pink Chye Khim.

Style : Yangjia Michuan,

Teaches in English and a little French.

Richard Odell (England)

Address : 14 knole Court, Knole rd, Bexhill/sea, East Sussex, TN40 1LN.

email : Rodellqn@aol.com

Taiji quan : has been practicing for 16 years, has been teaching for 12 years

Teachers : K Allen, D. Docherty, C Gruber.

Style : Wudang.

Other arts : Qi gong, dragon fan, therapic massage.

Teaches in English and a little French.

Jean-Luc Perot (Belgium)

Address : 9, rue henri lemaître– B5000 Namur Belgique

email : jlperot@skynet

Taiji quan : has been practicing since 1978, has been teaching since 1982

Teachers : S. Dreyer.

Style : Style YJMichuan (form, tui shou, neigong, qi gong and san shou).

Teaches in English and French.

Ronnie Robinson (Scotland)

Address : 1 Littlemill Drive Crookston Glasgow G53 7GF.

email : Ronnie@taichaledonia.com

Taiji quan : has been practicing for 27 years, has been teaching for 22 years.

Teachers : Larry Butler, Michael Tse.

Style : Cheng Man-Ching.

Serge Dreyer (France)

Address : 19-8 Tunghai road, Taichung Taiwan.

email : ser@thu.edu.tw.

Taiji quan : has been practicing since 1976, has been teaching for 28 years.

Teachers : Li jin Chuan, Wang yen Nien; Lai Kan zhao.

Style : Yang jia michuan

Other internal arts : ba gua and xing yi

Teaches in French and English.

Judith van Drooge (Holland)

Address : Molenweg 107 8012 WD Zwolle, Hollande

email : judithvandrooge@wanadoo.nl

Taiji quan : has been practicing for 9 years, has been teaching for 6 years.

Teachers : Luis Molera, William C. C. Chen

Style : Yang

Teaches in English.

Andrews Heckert (USA)

Address : 236 Benezet St. Philadelphia PA 19118 USA.

email : andrewheckert@gmail.com

Taiji quan : has been practicing for 32 years, has been teaching for 25 years.

Teachers : William Chen, Ping-siang Tao, Ben Lo

Style : Cheng Man-ching's abridgement of the Yang style

Teaches in English and in French.

Huynh Chieu Duong (Vietnam)

Address : 54 avenue E Pinmez 1040 Bruxelles, Belgique

email : thuypvietnam@yahoo.fr

Thuyphap: has been practicing for 30 years, has been teaching for 6 years.

Teaches in Viet, English and in French.

Nils Klug (Deutschland)

Address: Zur Bettfedernfabrik 1, 30451 Hannover, Germany

email : info@tai-chi-studio

Taiji quan : : has been practicing for 20 years, has been teaching for 17 years.

Teachers : William C. C. Chen, Tao Ping Siang.

Style : Yang.

Teaches in Viet, English and in Deutch.

Kramtsova Tatiana (Russia)

Address : ap23,Krupskoy st7, Moscow, Russia 119331

email : Wudang@mail.ru

Taiji quan : has been practicing since 1996, has been teaching for 7 years.

Teachers: A. Kozminikh, Albert Efimov , Chen Tzi Ye, Dan Docherty.

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Rencontres Jasnières 2008 – B and B

Chambres d'hôtes	adresse	tél	fax
Manoir du Riablay	Rue St Jean, Château du Loir	02 43 44 20 20	02 43 44 20 20
Mme Le Goff	22 rue Hôtel de ville, Château du Loir	02 43 44 03 38	
Mr Calla	Le Prieuré, Dissay-sous-Courcillon	02 43 44 09 09	
Mme Bretonneau	Le moulin du Prieuré, Dissay/Courcillon	02 43 44 59 79	
Mr. Hennequin	Le Pressoir, Dissay-sous-Courcillon	02 43 79 23 49	
Mr. Vérité	Les Ormeaux, 9 rte de Cerizé, Dissay/C.	02 43 79 12 43	
Mme Bodard	La Borde aux Moines, La Chartre/Loir	02 43 79 07 70	
Mr. Gigou	4 rue des caves, La Chartre/Loir	02 43 44 48 72	02 43 44 42 15
Mme. Chesneau	Château de Girardel, Epeigné/Dême	02 47 52 36 19	02 47 52 38 90
Mr. Becquelin	Château de la Volonière, Poncé	02 43 79 68 16	02 43 79 68 18
Mme. Sueur	Le Moulin Calme, Gascheau, Luceau	02 43 46 39 75	02 43 46 49 96
Mme. Cissé	Le Saut du Loup, Thoiré/Dinan	02 43 79 12 36	
Mme.Arte	Les Borderies, Marçon	02 43 46 68 38	
Mr.Rouballay	Le Patis du Vergas, Lavenay	02 43 35 38 18	02 43 35 89 08
Mr.Rossignol	29 rue du Gravier, Poncé	02 43 44 62 41	
Melle. Guidoin	Relais du Gravier, Aubigné Racan	02 43 46 20 61	
Mr. Langevin	La Garenne, Jupilles	02 43 44 11 41	
Mr. Bartoli	La pte Rigannerie, Pruillé l'éguillé	02 43 40 88 72	
Mme. Charles	Les Sablons, Vouvray/Loir	02 43 79 23 84	
Mr Betner	10 rue de la Gare, Chahaignes	02 43 79 14 99	
Gîtes d'étape, ruraux	adresse	tél	fax
Mme. Mariot	Moulin d'Huizé, Beaumont Pied Bœuf	02 43 44 15 31	
Mme Iles	Rue Galène, Marçon	0 2 43 44 67 04	
Mme Plisson	Les Blinières, Marçon	02 43 79 07 69	
Mme Dupe	Les Annelles, Chahaignes	02 43 44 46 25	
Mme Tondereau	La Croix, Thoiré/Dinan	02 47 29 23 59	02 47 29 32 41
Mme Sevault	50 rue Principale, Poncé/loir	02 43 40 22 60	
Mme Allaire	21 rue Hector Berlioz, La Chartre/Loir	02 43 44 54 25	
Mme Reymond	25 rue Carnot, La Chartre/Loir	02 43 44 24 06	
Mme Delois	15 rue St Blaise, La Chartre/Loir	02 43 44 54 22	
Mme Maclair	Les Rochereaux, Beaumont/Dême	02 43 79 06 56	
Mr. Chevrieux	Les Aulnais, Ruillé/Loir	02 43 79 17 55	
Mr. Daguinet	La Touche, Ruillé/Loir	02 43 79 00 29	
Mme Bodichon	5 rue des Jasmnières, Lhomme	01 40 62 84 56	
Mme Dosso	Le moulin de Brives, Courdemanche	02 43 44 82 25	02 43 44 82 25
Cosson	La Grapperie, Couture/Loir	02 54 58 81 64	02 54 56 04 13
Melle Beucher	Chantemerle, Villedieu le Château	02 43 44 49 18	
Mr Blanchard	La petite Foucherie, Flée	02 43 44 42 72	02 43 44 55 68
Mme Trémeau	Rue Haute, Trôô	02 54 72 61 38	
Mr Jehl	Le Cloître, Trôô	02 54 72 52 38	02 54 72 55 89
Mr Hugon			

Informations : association de la vallée du Loir : 0243399500, <http://www.vallee-du-loir.com/>.

Rencontres Jasnieres 2008 - Workshops.

Friday July 25 7.45 - 9.30

Du Feu Martin

The Taoist way eight pattern system is a set of Taoist morning qigong exercises that work to relax, open and strengthen the whole body. Opening the joints by stretching the ligaments and tendons, you learn to activate the chi within your body. Then with this personal knowledge of chi the mind or self will begin to understand how to balance breath within the movements of each exercise. With yin and yang working naturally within relaxed balanced body, one can begin to understand the true nature internal breath Qi gong.

Dornelly Godfrey

1. Dao-yin exercises for relaxation and strength, improvements in blood circulation and chi flow.
2. Tui shou working on various partner drills to help develop:
 - a) the ability to interpret the opponent's attack before it can be completed
 - b) techniques to destroy the opponent's centre of gravity
3. Chin na techniques for the Tai Chi practitioner to enable them to train an essential fighting skill less taught in Tai Chi Chuan today

van Drooge Judith

Chi Kung is practised as a warming-up and a cooling-down system. Chi Kung methods give's you focus, awakening, the awareness of the moment. And "Rooting", which is most essential also for pushing hands. In a relaxed body, the body alignment is correct and the mind is without worries, observing the now. In this state of being Chi is able to flow freely. Now we start playing with pushing hands, act and react in a direct manner. Make the body spring-force useable and find your own optimum flexibility in the body movements. Your one mission is to stay on your feet, rooted, and adjust in ever changing movements. The laws of receiving and giving makes the bouncing forces work in illuminated directions. Yin and Yang become dirigible and useful.

Heckert Andrews

The Heart of the Matter : How slow-motion practice can help solve the truly practical problems of fighting.

Huynh Chieu Duong

Warming : opening internal body. Initiation to the form « khi thuy khai ba quyên » (at the beginning of water, the waves rise up or the cell wake up).

Odell Richard

Introduction to sabre form and applications. We will work on the wudang sabre form and relevant applications. Suitable for anyone who wants to work with wooden weapons. I will have some sabres but please bring your own if you have. The main topic is tui shou. The basics, the inside, the tactics and the feeling of your own force and that of the opponent. To achieve this, we will start off with the basic positions/postures and movement for an effective tui shou

Carine De Beurme (Belgium)

Address : 119 Chaussée d'Alseberg 1630 Linkebeek Belgique.

email : cawine@skynet.be.

Taiji quan : has been practicing for 15 years, has been teaching since 12 years.

Teachers: E. Caulier, Su Fa, L. Serruys.

Styles : Yang, Dao Yin Qo gong.

Teaches in English and in French.

John Cole (USA)

Address : 535 Whitecliff Drive, Vallejo, CA 94589 USA.

email : john@johncole.com.

Taiji quan : has been practising since 32 ans.

Teachers : Tsuei Wei, Wang Y. N., Min Ou-Yang; Fu Wei Zhong; G. Long;

Chan Hak Fu.

Style : Taijiquan yang jia michuan, emei taijiquan, gong fu Tibetan White Crane.

Teaches in English.

Luce Condamine (France)

Address : La Maison du Taiji, 57 rue Jules Ferry, 93170 Bagnolet

email : maisondutaiji@free.fr

Taiji quan : has been practicing for 21 years, has been teaching for 13 years.

Teacher : Dan Docherty.

Style : Yang, Wudang.

Teach in French, English and Russian.

Martin Du Feu (Jersey)

Address : 40 rue Pargaminère, 3100 Toulouse

email : dragtao9@hotmail.com

Taiji quan : has been practicing for 36 years, has been teaching for 27 years.

Teachers : Tommy Fong, Chow, Xue WenZhi, Li Dexing, Jingjie Sha

Style : Yang

Other internal arts : various qigong, hsing-I, lohan shaolin, traditional weapons

Teaches in French, English.

Godfrey Dornelly (England)

Address : 58A Raleigh Road, Hornsey, London N8 0HY.

email : maryandgodfrey@hotmail.com

Taiji quan : has been practising for 19 years, has been teaching for 17 years.

Teacher : Dan Docherty.

Style : Wudang

Teaches in French, English.

Solnon Manuel

Idea of relaxing the elbow in tui shou practice + grasping technique and resolution. Review of idea of polarity

Volke Rob

Combining the basics of the tui shou and the basics of the form we will try to get the optimal performance of tui shou. This as well as in relation to your own execution as well as that of your opponent.

Sunday July 27 10.15 - 12.00

Alibert Thierry

Continuation.

de Beurme C

Continuation.

Cole John

This class will introduce more techniques and synthesize the skills of White Crane Qi Gong covered in the previous two days. Students will also learn to recognize the signs and benchmarks of improved Qi development.

Dreyer Serge

Pushing hands for beginners : let it go

Klug Nils

Push Hands and martial art applications

Kramstova T

How to take care of **aggressive saisies included** on sensitive **women** body part.

Menaged Nath an

“Water-boxing, liu he ba fa, Push-hands”. Structured free-play to apply the previous two days.

Mouthon Henri

Teaching of the basic movement of the Yangjia Michuan long staff (8 feet), basic exercises, solo and in-pair training exercises. The form. Bring your own staff ; we advice you to take a 2 meters staff to begin with.

Robinson Ronnie

Using a short Da Lu sequence as a base to develop focus, intent and stability.

Presentation of the teachers

Thierry Alibert (France)

Adress : Avenue Henry Mazet 46 300 Gourdon.

email : alibert.thierry3@wanadoo.fr

Taiji quan : has been practicing since 1985, has been teaching for 1990.

Teachers : B. Sautarel, Georges Saby.

Style : Yang Lu Chan, Yang Shaohou.

Others arts: qigong, karate, full contact, bagua.

Teaches in English and in French.

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Perot JeanLuc

Qi GonG and tui shou are rooted in the same matter : connection with the self – the one and the other – 4 elements.

Silfverstråle Paul

Push hands. Applications. Principles and practice foot work and entering.

Solnon Manuel

Taichi and tui shou basic exercises (Me Wang and Huang. Idea of yin yang polarity

Volke Rob

Combining the basics of the tui shou and the basics of the form we will try to get the optimal performance of tui shou. This as well as in relation to your own execution as well as that of your opponent.

Friday July 25 10.15 - 12.00

Alibert Thierry

Application to the 5 elements system in push hands with fixed steps or mobiles steps. Following of one evolution to san shou and applications in taichi fighting.

de Beurme C

Study of 24 movements of Zhang Hai Dong form. Focus on silk spiral with alternate upper lower body.

Cole John

This workshop will introduce Tibetan White Crane Qi Gong. Students will learn and understand the principles of Qi cultivation and learn Qi exercises based on the noble red capped White Crane.

Dreyer Serge

Pushing hands for beginners: listening exercises and learning of basic pushing

Klug Nils

Push Hands and martial art applications

Kramstova T

Self defense for women with tai ji quan. Moving.

Menaged Nathan

Moving root. Exercises that can be applied for all styles of pushing-hands or free-fighting

Mouthon Henri

Teaching of the basic movement of the Yangjia Michuan long staff (8 feet), basic exercises, solo and in-pair training exercises.

Robinson Ronnie

Dayan Qigong originated in the Kunlun Mountains in China and uses the image of the wild goose to release negative energy and promote positive energy through a range of smooth, flowing movements and quick releasing motions.

Saturday July 26 7.45 - 9.30

Du Feu Martin

Continuation. See how these exercises are designed to help create an understanding of how qigong is needed when studying the internal Chinese martial arts systems (tai chi, hsing I, pa qua, tang bei).

Dornelly Godfrey

continuing work from previous day's workshop

van Drooge Judith

Continuation

Heckert Andrews

What Can I Do if He Does That? I would like to yield and respond without force... but how ? Some ideas about how to respond to various attacks- we can look at situations that you find difficult.

Huynh Chieu Duong

Warming : opening internal body. Initiation to the form « song ngu lac thuy quyên” (the round of two carps, spiral of vital energy).

Odell Richard

Continuation.

Perot JeanLuc

idem – the relationship – animal's locomotion

Silfverstråle Paul

Push hands, applications : principles and practice body structure, total body force and biomechanics.

Solnon Manuel

Tui shou and sword basics exercises with idea of polarity/full/emptiness.

Volke Rob

The form and tui shou are very much related. The connection and interaction as well as the application of the form within tui shou will be explored.

Saturday July 26 10.15 - 12.00

Alibert Thierry

Continuation.

de Beurme C

Continuation.

Cole John

Students will build on the lessons learned yesterday and add additional techniques. The class will practice together Tibetan White Crane interactive techniques.

Dreyer Serge

Pushing hands for beginners: transformation exercises and learning of basic pulling

Klug Nils

Push Hands and martial art applications

Kramstova T

Self defense for women. Absorbing and following.

Menaged Nathan

Water-boxing (liu he ba fa). Solo and two-person exercises to teach three-dimensional yielding.

Mouthon Henri

Teaching of the basic movement of the Yangjia Michuan long staff (8 feet), basic exercises, solo and in-pair training exercises. Beginning of the form.

Robinson Ronnie

Tui Shou : Sensitivity and Awareness, Structure and Stability. We will work with a range of techniques to develop listening ability whilst increasing good structure and stability.

Sunday July 27 7.45 - 9.30

Du Feu Martin

Continuation. For those that have worked with me over years, the animal qigong will be taught over the whole weekend.

Dornelly Godfrey

continuing work from previous day's workshop

van Drooge Judith

Continuation

Heckert Andrews

Bunions, flat feet, knee pain, back spasms: Tai chi offers some **insight** into and some avenues for treatment of many physical problems. In this workshop we will consider some simple mechanical issues and some exercises that **can** change the way you do your form practice.

Huynh Chieu Duong

Warming : opening internal body. Initiation to the form “tu vu lien khuc quyên” (monotonous chant of the four rains, vital energy of space).

Odell Richard

Continuation.

Perot JeanLuc

idem – the relationship – where and there

Silfverstråle Paul

Push hands. Applications : principles and practice. Distance, timing and positioning.

Rencontres Jasnières 2008 - Registration form

Family name (capital letters):

First name (capital letters):

Address:

Telephone.....email:

Registration of the RJs:

() I register **in advance** using this form, I enclose **65 €** in () bank cheques, () international money order, () traveller's cheques to ARAMIS. () International money transfer is now possible to Aramis account (Iban : FR76 1548 9048 1600 0134 3124 051, BIC CMCIFR2A), **however precise your name on the transfer money form.** In any case, this form has to be sent to Aramis, 39 rue P. Eluard, 72000 Le Mans – France

() I prefer to pay **during the workshop itself**, the cost will be **90 €** Even if you choose the second solution, please, don't forget to send us this subscription form.

I need a receipt at my arrival: () yes () no

Without a negative response from ARAMIS, your registration will be accepted at the reception of the fees.

Important reminders:

The risk of bad weather is shared by everyone. Unless all four days are cancelled, money will not be refunded. Canceling any registration after July 15th will not refund. For pushing hands, take off glasses and jewels for avoiding any damage. ARAMIS is not responsible for any damage, accidents, robbery during the meeting.

Your choices:

Write workshops in order of preference: (we try to respect your wishes although it is also necessary to balance the number of participants in each workshop).

	7h45 - 9h30		10h15 – 12h00	
	Choice 1	Choice 2	Choice 1	Choice 2
Friday 25				
Saturday 26				
Sunday 27				

I do assume all risk of personal, physical or mental disabilities, injuries or losses which may result from participating in the event.

Signature:

Date:

Registration form – Canteen

(To be returned **imperatively** before the 30th June 2008)

Surname (in capitals and script) :

First Name :

Number of meals : reservation and payment in advance are imperative

	Friday 25		Saturday 26		Sunday 27	
	Adult	Kid	Adult	Kid	Adult	Kid
lunch						
dinner						

Adults : * 10.30 €=Children..... * 5.90 euros=**Total =€**

Cheques only () bank cheques, () international money order, () traveller's cheques labelled in euros are to be made out to ARAMIS and sent with this coupon to Aramis, 39 rue P. Eluard, F - 72000 LE MANS. International money transfer is now possible to Aramis account (Iban : FR76 1548 9048 1600 0134 3124 051, BIC CMCIFR2A), **however precise your name and the number of meals on the transfer money form.**

Reservation Form - Camping

(To be returned **imperatively** to the camp office before the 30th June 2008)

Surname (in capitals and script):

First name:

Address:

Tel:

Number of installations :

Caravan: Tent : Camper :

Electricity: yes no

Number of adults: Number of children: (less than 10 years)

Date of arrival: 2008 Date of departure: 2008

The office is open 9h to 20h, gate 7h - 22h

Signature

Fees must be paid directly to the camp office.

If you want to stay longer before or after the RJ, contact the camp office:

Camping du Lac des Varennes, Mr and Mme Fravallo, Les Varennes 72 340 Marçon

Tel. 02 43 44 13 72, Fax 02 43 44 54 31

email : camping.des.varennes.marcon@wanadoo.fr